

POST-OPERATIVE CARE SEDATION PATIENT ESCORT



A guide for the escort

You have been asked to accompany someone who is having dental treatment under sedation.

Escort requirements

The patient will not be allowed to go home until the dentist is satisfied that the patient is in the care of a responsible adult (over 18 years of age). The escort must be present with the patient as they leave the dental surgery. Some patients take a little longer than others to be ready to go home so please be aware that a precise time cannot always be given.

Telephone

It is important that you follow these instructions. The patient will have been given a **telephone number** of who to contact if you have any concerns.

Disorientation

Patients can feel less anxious if they receive a sedative drug (medicine) before or during their dental treatment. The drugs used can cause some patients to feel a little disorientated or confused for a short time after the treatment. It is important that someone will be responsible for them and take care of them for the remainder of the day. Occasionally, it may be necessary for someone to stay with them overnight.

Rest

Patients should be encouraged to rest for a while once they are home. It is not recommended for them to be in charge of others until the next day. Care should be taken when cooking or using domestic appliances.

Medicine

The dentist will explain to the patient which pain relief medicines he or she may take. Patients should take their usual prescribed medicines unless directed otherwise by their doctor or dentist.

Things to avoid

Patients should not drive a vehicle, ride a bicycle, operate machinery or drink alcohol until the following day and, in some cases, for up to 24 hours. The dentist will advise the patient on the day of treatment. Owing to the after effects of the drugs used, care should be taken when using the internet for personal communication.

The patient's judgement (ability to think clearly) is likely to be affected. Patients should not make any irreversible decisions for up to 24 hours following their treatment.

Contact

SURGERY HOURS: Woodthorpe **01904 706795**
(9am - 5pm) Bishopthorpe **01904 703427**

OUT OF HOURS: You can contact us on **07946440336**