

# PRE-OPERATIVE GUIDE TREATMENTS UNDER SEDATION



An appointment has been made for you to attend the dental centre for sedation on:

Name \_\_\_\_\_ Date \_\_\_\_\_

If you are unable to keep this appointment, please call us as soon as possible:

**SURGERY HOURS:** Woodthorpe 01904 706795

(9am - 5pm) Bishopthorpe 01904 703427

**OUT OF HOURS:** You can contact us on 07946440336

## Instructions for patients having treatment under sedation

You have been given an appointment for dental treatment under sedation. It is important that you observe the following instructions, or your treatment may have to be postponed.

1. You **MUST NOT** eat or drink for two hours prior to your appointment. Before this you should have a light meal e.g. toast and tea, coffee or fruit juice.
2. **NO** alcohol is to be consumed 24 hours prior to appointment.
3. **YOU MUST** be accompanied by a responsible adult who must be present in the waiting area at the beginning of your appointment. He/she must remain in the building throughout your appointment, escort you home afterwards and arrange for you to be looked after for the following 24 hours. The accompanying adult must not be in charge of any other people, adults or children, other than the patient.
4. If you are taking any medicines they should be taken at the usual times and should also be brought with you so that the clinician may know what it contains.
5. Any illnesses occurring before the appointment should be reported immediately, as this may affect your treatment.
6. Ensure nail varnish and false nails are removed before appointment.
7. You **MUST NOT** drive any vehicle, operate any machinery or use any domestic appliance for 24 hours.
8. Your escort should take you home after treatment by private car rather than public transport.
9. You **MUST NOT** drink any alcohol, return to work, make any important decisions or sign any legal documents for 24 hours after sedation.
10. You are advised to leave any valuables (e.g. handbag) with the person accompanying you or at home. No responsibility can be taken for any valuables lost on Thorpe Dental Group premises.

If you follow these instructions you will find your treatment under sedation both pleasant and uneventful. Please feel free at any time to ask the clinician or sedation nurse any questions that you may have about your treatment.